



KALS

KARAUMBIAH'S ACADEMY FOR LEARNING & SPORT

Coffee Break 2022-2023





KALS
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Go the Distance
 KARUMBIAH'S ACADEMY FOR LEARNING & SPORT

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 Affiliated to CISCE, New Delhi

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MESSAGE FROM THE PRINCIPAL



Gouramma Nanjappa

"Coffee Break" is indeed a pious attempt to make our budding students give shape to their creativity and learn the art of being aware because I believe that our success depends upon our power to perceive, the power to observe and the power to explore. We are sure that the positive attitude, hard work, sustained efforts innovative ideas and participation in several activities of the school by our students will make you proud.

Coffee Break espouses the Kalian spirit which is built within the school through collective actions, participation, activities, thoughts and aspirations of the entire team. These learnings and experiences are expressions brought out with much love by our team which I hope will make this newsletter endearing to our readers.

It gives me immense pleasure to ensure that this magazine has successfully accomplished its objective as students achievements is the epitome of "Coffee Break".

Happy Reading!

EDITORIAL TEAM



Mrs. Neetha Kaveramma



Mrs. Anjani Appaiah

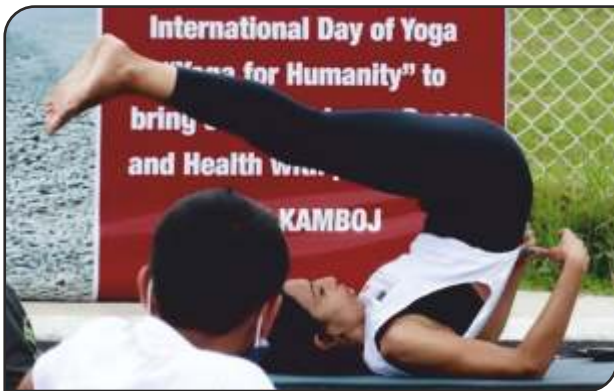


Annanya Biddatanda
Grade XI



Prakruthi Aiyanna
Grade XI

MOMENT OF ATARAXIA



International Yoga day was celebrated at KALS with much fervour alongside practitioner Mrs. Niti Kamboj.

THE OLYMPIC WEEK

To mark the 2022 Olympic Day theme, "Together for a peaceful world", a week-long celebration and exhibition was organised from 23rd June 2022 by the department of sports, bringing the true spirit of sportsmanship in every KALian.

'SPORTSGLOBE' - showcased movie on the evolution of the Olympic movement, display of various sports arena, photo gallery and mannequins of sport heroes. The show open to public with neighbouring schools flocking to get a glimpse of the exhibition. The reviews received and efforts of the students were truly commendable.



QUALITY BUILDING



The kiddos of grade one expressed their gratitude to their grandparents by writing a letter to them. To learn the journey of their letter, they marched with their inland letter, post card and stamp cover to the Gonikoppa post office. They were briefed about the stages that goes into sending a letter to different addresses.



Lessons are not just taught through books in a classroom but also through actions and attitude. The students of grade one expressed their gratitude by honouring the support staff.

VOTING - an expression of oneself



Election for KALS Student Council was held on 22nd and 23rd of July 2022. Aspiring students filled their nominations for various posts followed by vigorous canvassing by the students. The energy brought out so many valuable insights of all our student candidates.



Voting took place electronically giving students the feel and vibe of how elections in the country is held. The entire faculty too participated in the process.



INVESTITURE CEREMONY

'A New Dawn, A New Day'

On the dawn of August' 24th 2022 the Prefect Council for the academic year 2022-2023 signed into office by taking their oath to be disciplined, responsible and compassionate leaders.

The occasion was graced by Sir. Colonel Zephyrin Gilbert, Commanding Officer, 19 Karnataka BN NCC, Madikeri



Head Boy: Manjunath Devaraj **Head Girl:** Pradeepta Vijay **Asst. Head Boy:** Sachin P Gowda
Asst. Head Girl: Raaha Chinnappa **Sports Captain:** Srinidhi P S **Asst. Sports Capt:** Shrish Thimaiah
Residential Head: Boys - Ashish Karthik **Girls -** Riya Bafna **Air House Captain:** Kunal Umesh
Vice. Capt : Prakrthi Aiyanna **Earth House Captain:** Hashmitha Bopaiah **Vice. Capt:** Jathin Kumar
Fire House Captain: Risha Madappa **Vice. Capt :** Shashwath Kushalappa
Water House Captain: Dev Muthanna **Vice. Capt:** Ishani Sheshgiri



Prefects: Kariappa B M, Lekhan Gowda, Putin Ponnanna, Deyaan Chengappa, Gaanav S Donthi, Vishruth Gowda, Neeha Prashanth, Aryan Ponnanna, Chiranth Muralidhar, Drupadhan Gowda Tanvi Uthappa, Rithi Manjunath, Nidhi S P, Veeksha Appaiah, Amita Unni, Aeira Dechamma.

"NEW SENSE" - the kalian band



"New Sense" the sensational KALIAN band, marking the first step in their musical journey with the guidance of Mr Anish Pathak and Mr Abhiram.

A glorious win as the 1st Runners Up in the 'Battle of Bands' Interschool Regional Competition, held in Bengaluru, acted as a milestone met in their journey.



AZADI KA AMRIT MAHOTSAV



75 years of Freedom made a celebrative boom in the country including our very own campus KALS.

With immense patriotism in their hearts, students gathered to march in honour of the 75 years of freedom in which our NCC cadets stole the show with their on beat marching. This was followed by the hoisting of our national flag and performances by the performing art club.



Art is a way of expression and competition is a way of bringing out the best of our young artistic KALian minds. Every activity that was organised brought out patriotic brilliance through their creative expression and fierce house competitions. The students and teachers strived hard to garner maximum points for their respective houses-AIR, EARTH, FIRE, WATER.

A RUN TO REMEMBER

An overwhelming response to the first Kodagu Monsoon Ultra Marathon, organized by KALS and ASF in association with NEB sports on 18th September, 2022 at the KALS/ASF. Over 1200 participants from Mumbai, Chennai, Kannur, Bangalore and Kodagu participated in the 50Kms, 25 Kms, 12.5 Kms and 5Kms run.

FIRST EDITION OF KODAGU MONSOON ULTRA MARATHON - 2022



Mr. K G Bopaiah, MLA of Karnataka Legislative Assembly and Mr Pravin Madhukar Pawar, IGP of Southern Range watched all the warm up sessions conducted by Arjuna Awardee Reeth Abraham and flagged off the races. All outstation participants were immensely grateful to our enthusiastic students and teachers who managed all the 12 aid stations placed at every Kilometre of the route, as well as the hospitality extended to them in the campus. KALian students also cleaned the entire route on their return as part of the Swachh Bharat activity. KALS expressed their gratitude to all the families along the route for their incredible support in cheering all the participants.



"The marathon never ceases to be a race of joy, a race of wonder."

- Hal Higdon



COFFEE O'CLOCK



To celebrate the International Coffee Day on October 1st, and promote the use of coffee, the South India Coffee Co hosted a speciality coffee workshop for KALians. It was an interactive and informative session led by Mr. Miroslav Ocenás, a trainer all the way from London.



SPORTS WEEK

The Sports week 2023 , helped the students discover their innate talent and potential in different fields of sport, as they were encouraged to take part in various sporting events through the week contributing to the house points.



SPORTS DAY



**“The five S’s of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit.”
–Ken Doherty**

Kalian Sporting Spirit was at the peak with enthusiasm, determination and complete participation throughout the sports week, culminating to the Sports Day, conducted on 23rd December 2022. There was complete fun, fellowship and fierce competition amongst the students and staff to earn maximum points for their respective houses exposing the competitive spirit amongst all Kilians.

Inter-house competitions like Swimming, Hockey, Basketball, Football, Throwball and Athletics brought out the best in all our students. Fire House clinched the “House of the year” with a total point tally of 1555 points.



COUP D'OEIL



**“ABILITY is what you’re capable of doing.
MOTIVATION determines what you do.
ATTITUDE – determines how well you do it”.**
– Lou Holtz



MONTESSORI MUSINGS!!



'Montessori Musings' an exhibition, held on 23rd and 24th of March, reflected our montessori curricula in which every child had the opportunity to express themselves. Our tiny tots with regular focused practice, have developed a foundational understanding of each material and have mastered the core competency within each curriculum area. The exhibition gave the parents an opportunity to see their child's progress and surprised the parents with their self-confidence. Kudos to the efforts of our Montessori faculty.



Melittologic Moments



The session provided hands on experience on how to start beekeeping, management and maintenance of beehives and beekeeping accessories. "A closer look at the hardworking pollinators - Hive never felt this way bee-fore."

As a part of a week-long workshop on Apiculture, conducted by the Forestry college Ponnampet, students attended a very informative training program. The entire program mainly aimed at enhancing awareness among young minds about Apiculture.

ART O' SPHERE

The KALIAN FINE ART CLUB organised a two days' exhibition of art and craft work "Art O' Sphere" on the 16th and 17th of February. Dr. Bishan Monnappa, Orthopedic surgeon also an artist himself inaugurated the exhibition.

Each piece of art was a masterpiece which was created under the guidance of our Art teachers Mrs. Teena Belliappa and Mr. Venkatesh.



74TH REPUBLIC DAY AT KALS



A REPUBLIC DAY CELEBRATION

KALS celebrated the 74th Republic Day on Thursday, the 26th of January, 2023. The entire campus was filled with patriotic fervour as the children enthusiastically participated in various activities.

Mr. Goverdhan Jayaram, Founder and CEO, UXL Technologies, a graduate of the National Defence Academy unfurled the National flag and addressed the students with a motivating talk.

-Freedom in the mind, Strength in our words, Pureness in our blood, Pride in our souls, Zeal in our hearts.



GRADUATION 2023

Graduation day is always a day of rejoicing, for it marks the conclusion of an educational journey and the commencement of another journey. This memorable day at KALS was celebrated on February 4th, 2023 for the 15th batch of grade 10 students.



Chief Guest Mr. Rajendra Kumar Kataria, Principal Secretary, Horticulture and Sericulture Department, Government of Karnataka, inspired the students with his motivational talk and awarded certificates to the graduating students.



Colonel Aabha K S
-Parent of Anirudh K.S



Chief Guest of the Day
Mr. Rajendra Kumar Kataria



Mr. Madappa B B - Advocate
-Parent of Pranav Kariappa



Shiya Subbaiah and Tanvi Uthappa,
reminisced their days spent in KALS



OUR YOUNG ACHIEVERS



Aalia Chondamma - The Budding Bard, who made a mark in the world of literature, by demonstrating her potential with Books and Brains. Aalia's talent in poetry and writing skills emerged and developed during her 10 long years of student life at KALS. She has made her school and parents proud with her exceptional writing skills at a very young age. "The Lost Heroes of Kodagu", book written by Aalia, was released on 25th of February 2023 at the World Book Fair at Pragati Maidan, New Delhi. She is one of the youngest (16years) among the selected 75 authors for PM mentorship scheme.

Arpitha Shaji-our little golfer, with her amazing skills and brilliant shots, proved her best by bagging the 2nd Runner up position in the South Zone Golf Championship under Sub Junior Girls' category, held at Mercara Downs Golf Club, Madikeri. Another similar victory of bagging the Runner up position in the D category at the South zone Junior and Sub Junior Golf Championship held at Coorg Golf Links, Virajpet, Kodagu. Arpitha always creates magic with her brilliant swings 'n' shots.



CISCE REGIONAL SPORTS AND GAMES - 2022 - KARNATAKA KALIAN athletes participated and proved their excellence in the track and field events, by bagging the Overall Championship Trophy, at the annual CISCE State level Athletic Meet held in September at Jayaprakash Narayan National Youth Training Centre, Bangalore.

Nishma Neelamma of Grade 11, represented Karnataka in 10 M Air Rifle Event, (Squad Trial 1& 2) held at M P Shooting range, Bhopal; organised by National Rifle Association of India, from 21st to 25th January 2023. Nishma's second significant competition of her career, who at any level proves her ability to perform at the highest level.



A strike away from Victory! The KALIAN Hockey team exhibited brilliant skill and speed bagging the Runners Up Trophy in the Inter school District Level Hockey Tournament at The General Thimmaiah Grounds Napoklu. The match went into the penalty shoot-out after both the teams (KALS vs Sports Hostel, Kudige) failed to break the deadlock in the regulated time. Team KALS lost with 4-5 in shoot-out winning the Runners Up Trophy.

6 Air Rifle shooters from ASF/KALS represented Karnataka in the 65th National Shooting Competition held at Thiruvanthapuram, Kerala, organised by National Rifle Association of India, from 20th November - 9th December 2022. In a very competitive field of best shooters, our skilled shooters Abhishek S and Neeha Prashanth became an inspiration for remaining shooters, after being adjudged as 'Renowned Shooters.' Nishma Neelamma is selected for Squad Trials. While Muthamma P P, Vidya Arun and Sonika M exhibited exceptional shooting skills.



KALIAN athletes represented Karnataka state at the All India ICE National Athletic championship held at Pune. Our athletes with their amazing performance and unparalleled grit did exceptionally well by contributing 25 medals to the Karnataka team. 9 of our athletes have been qualified for the SGFI (School Games Federation of India). Swayam Boppaiah with his unbeatable medal tally, was declared the individual champion, in under -14 category



Team Karnataka emerged champions at the CISCE National Hockey Tournament! The CISCE Hockey Nationals held at KSHA Hockey Stadium Bangalore, witnessed Karnataka State team emerge Champions in the under - 17 category beating Punjab -Haryana (North India) by 4-0. 13 KALIAN players were a part of Team Karnataka.

A Splashing Success! Eleven swimmers from KALS/ ASF participated in CISCE regional swimming competition on 9th and 10th of August, 2022 held at Basavanagudi swimming center, Bangalore. The participants competed in different swimming events like Butterfly, Free style and Back stroke and bagged 3 Gold and the best Swimmer's Trophy. Mst. Kishan Shesh Gowda bagged 3 Gold and the Individual Championship under 19 category.





NACHAPPA I R - A Promising Star in the Field of Hockey. KALS takes immense pride in congratulating Nachappa I R, ASF-KALS alumnus, who represented Karnataka Hockey team in the 36th National Games held at Gujarat and applauds his brilliant performance throughout the tournament. Nachappa had always earned plaudits for his stellar performance while representing the state team in the 9th Senior Men National Championship conducted at Bhopal and in the 7th and 8th Hockey India Junior Nationals.

POOVANNA C B, our alumnus represented INDIA in the Indian Junior Men's Hockey Team at the Sultan of Johor Cup Malaysia 2022 as mid-fielder. Team India emerged victorious winning the trophy. Poovanna C B studied and coached at KALS/ASF has been an extremely dedicated player under our coach Chethan developed tremendous skill and talent. He was absorbed in Sports Authority of India in 2018. His dedication and focus have fetched him a place in the Indian Junior squad.



KALIANS Raising the Banner of Excellence in the CISCE National Shooting Competition. All praise for KALIAN shooters as they brought laurels by winning 2 Individual Medals (Krish Ganapathy- Bronze, Aira - Bronze) and a Galore of Trophies in the CISCE National Shooting Competition, held at Bangalore on 28th and 29th September 2022.



I'M A WARRIOR



Arfiya Labeeb
Grade IX

My hands shivers, I'm shaking, tears
threatening to fall

The tears burn my skin, awakening the scars
on my cheek

Images of you looking at me with distaste,
scare me

I can feel the sunflower fields burn into ashes
I'm buried, I'm not breathing anymore I reek of
ash and sweat

I run , I feel my limbs tear off

Nightmares crawl their way through

I want to try, pant of air

So I do because I can and I will I stand up,
nothing has changed

I yet reek ,carry the scars, but this time,

I feel the sunflowers grow back

I flaunt my scars, I earned them

I survived, I'm a warrior.

DREAMS



A .Ganga Belliappa
Grade VI

Dream all night,
so colorful and bright;
Floating in your head,
when you're sleeping in bed.

Good dreams so calm and wonderful!
Nightmares so scary and tragical!
Good dreams likes angels;
Bad dreams like devils.

Dreams keep you occupied all night,
But when the day light shines bright,
All the dreams fly to a greater height!!

A GARGANTUAN LEAP IN TIME

Charishma Kaveramma K M
Grade VI



The endless void "Space", in simpler words the area directly outside the Earth's atmosphere. How I wish I could just float away to space where it is quiet and beyond reach. It really isn't that easy (I wish it was). There is so much training to and even if you get through that there will be a part of you wondering "What if something goes wrong?" Well, I don't blame you. It is a risky job. I get fascinated by the thought of many more undiscovered planets and the possibility of life in one of them. A.P.J Abdul Kalam was a real icon in the route of Aeronautics. Technology is ahead of time, those things that seemed impossible then is a child's play now. A.I that is, Artificial Intelligence helps in conducting tasks that human would otherwise be unable to perform in space such as analysing cosmic occurrences, system control, charting stars and black holes, etc. I really do believe the fantasy of living in another planet and sipping coffee while reading a flabbergasting novel will actually become a reality if this is how fast our technology is growing. I won't be surprised to see space shuttles becoming a common transport in future for commuters to regularly travel between work and home. Space which is dead silent can get transformed to a buzzworld. Artificial Intelligence in Space exploration can do a lot of unimaginable things!! I am very much electrified about the new era.

LOOK FORWARD TO A QUANTUM JUMP!

A YEAR OF ENDURANCE



Athrey M H
Grade XII

“One year can change lives.” The nature of change is odd and unexpected. It’s mind blowing how so much could happen right before us and we’d notice months later. These changes happen not only in our surroundings but in us, be it body, soul or mind. Well, my one year at KALS went something like that.

Walking into the campus, fresh breeze across my face, hopes of new opportunities, the athletic arena catching my vision, and that’s when I knew I had already been influenced to join athletics. My sporting world mainly revolved around handball which narrowed my view by blinding me from seeing possibilities in any other field of sports. This blurry vision was cleared by KALS, which opened up a door of opportunities for me where I found myself training alongside the other athletes.

Nothing comes easy in life, same goes for athletics. The first few days were tiring, the fear of not being able to cope up with my fellow trainees often left me questioning myself. Eventually, having mastered the trick of consistency in the game of achieving goals alongside great help and motivation from my coach I can say my first KISA meet cleared my path in the field of sport I never visioned myself in, “athletics”.

From merely a self-doubting individual, to hailing high my journey was wholly fulfilling, and impossible was no more ludicrous in my view.

Having been selected for the SGFI was truly a milestone achieved.

My journey was indeed enlightening and fruitful though it was just a span of one year.

“One year can indeed change lives.

ಹೂವು ಮತ್ತು ದುಂಬಿ

ವಿ.ಎಮ್. ಕವಿನ್
ಒಂದನೇ ತರಗತಿ



ಹೂವು – ನನ್ನಲ್ಲಿ ತುಂಬ ಮಕರಂಧವಿದೆ,
ಹೀರಿಕೊ.....

ದುಂಬಿ – ಆಹಾ! ನನಗೆ ತುಂಬ ಹಸಿವಾಗಿದೆ, ಬೇಗ
ಬಂದು ಹೀರಿಕೊಳ್ಳುತ್ತೇನೆ.

ಹೂವು – ನೀನು ಬರಲು ತಡವಾದರೆ, ನನ್ನ
ಮಕರಂಧವನ್ನು ಬಿಸಿಲು
ಹೀರಿಕೊಳ್ಳಬಹುದು.

ದುಂಬಿ – ಓಹೋ..... ನಾನು ತಡಮಾಡುವುದಿಲ್ಲ,
ಬೇಗ ಬಂದು
ಹೀರಿಕೊಳ್ಳುತ್ತೇನೆ.

ಪರ್ವತದ ಕನಸು

ಮಯಾಂಕ್ ಮುತ್ತಪ್ಪ
4ನೇ ತರಗತಿ



ನಾನು ಪರ್ವತ ಏರಿದೆ
ಈಶ್ವರನ ದೇವಾಲಯ
ನೋಡಲಿಕೆ

ಪರ್ವತದ ಮೇಲೆ ಒಂದು ಮರದಲ್ಲಿ
ಪಕ್ಷಿಗಳು ಕಂಡಿದ್ದೆ
ಇನ್ನೊಂದರಲ್ಲಿ ಮಂಗಗಳು

ಹುಲಿಯು ಗರ್ಜಿಸೋದು ಕೇಳಿ
ನಾನು ತಿರುಗಿ
ಓಡಿದೆ ಪರ್ವತದ ಕೆಳಗೆ

ನಾನು ಮನೆಯ ಕಡೆಗೆ ಓಡಿದೆ
ಹುಲಿಯತ್ತ ತಿರುತಿರುಗಿ
ನೋಡುತ್ತೆ

ಅಬ್ಬಾ ಪರ್ವತದಿಂದ ಇಳಿದೆ
ಅಷ್ಟರಲ್ಲಿ ಕನಸಿನಿಂದ ಎಚ್ಚರವಾಗಿ
ಮಂಚದಿಂದ ಜಾರಿ ಬಿದ್ದಿದ್ದೆ



SWEAT AND SPIKES



Binnaha Bharath
Grade XII

Life takes you to many places, which leads to brilliant experiences that one can never see coming their way. The winds of the unexpected brought me to my journey here at KALS. KALS was not ordinary in any way, from the beautiful campus to the eye-catching sporting facilities, everything was breathtaking.

Sports has been a part of my life for the longest, yet nothing ever struck the fire of passion inside me, but my choice to join athletics was the moment I knew where I saw my future self in the world of sport. The first few months I spent alongside the beginners. Developing my mind, body and skills with the help of many new techniques and exercises. This was also the time I understood the time and dedication one must put to see the slightest of improvement in themselves. My coach, Mr. Twinkle Tommy, is also a big part of my sporting journey here. With his continuous support and joyful training sessions, every practice hour only left me waiting for the next.

The world of sport comes with its gain and pain. Unfortunately, pain is inevitable and one will must go through their share of it. My share came along in the form of a shin splint. This tiny pain sent my hopes to a sea deep low as I couldn't picture my life without sport due to a little pain. But my hopes were revived thanks to my supportive coach and parents. Their continuous help and motivation toward my injury helped the healing go by smoothly.

If there is one thing I've picked up from my many years in sport, is how to seize an opportunity when it comes on by. During, my first year here we didn't have many competitions to attend due to the post covid period. The district meet, that KALS held was my first meet as part of ASF and I was tingling with joy. I won my first medal in this competition and also found me my spot on the sprinters team. The year of 11th grade was a truly an interesting journey of learning and sport. I gained a lot of skills and improved my speed to my personal best.

Despite 11th grade being fun, it was clear to me that I hadn't reached my full potential and soon 12th grade arrived with a new set of challenges for me to fill the space of discontent from the past year. This year brought about many competitions for me. I got a chance to attend my first state meet in Udupi which was truly an eye-opening experience

This meet also showed me how much I'd improved and also how much I still had to work on my skill. Time moves fast and in the span of three to four months I had another up coming meet at Bangalore , where I reached my personal best. The next step in my journey was the KISA meet at Bangalore and the I progressed into KISA nationals, which turned into a fruitful experience. My time at KALS not only improved my sporting journey but also held me academically. The supportive teachers held me bridge the gap of my lost class hours due to the demanding sports training hours. With the extra classes and friendly teaching, the lost hours of classes were an easy cover up. The memories, lessons and experiences this place has offered me will forever hold a special place in my mind and heart. As all things must pass, my amazing journey here has come to an end. So dear readers this was my story of two year where I was transformed into the best version of myself in the most unseen manner.

A WEEK OF VERSATILITY



Shikha Bopanna
Grade IX



Tanisha Bopaiah
Grade IX

16th May, 2022 was the day we left for our NCC camp. 'Churning butterflies with ambiguous emotions' was the feeling in our mind and hearts. Just wondering how we would spend the 10 days in an absolutely unknown place. "SAINIK SCHOOL" was a name enough to bring goosebumps all over us. A gush of adrenaline was

rushing through our bodies and we reached our destination even before we could realise. A sight of the huge tanker which was used in the battalion of the military fields filled our hearts with immense pride. Every corner of the campus had a wonderful story to teach. Initially we wanted the days to fly by quickly but as days passed, we wanted to stay there for much longer. The first realisation we had was to forget all comforts and to toil for every single thing. Our daily routine was scheduled exactly as it is done in the army. Sincerity, Discipline and Commitment were the three factors that stood above all. The drills was the major part of the journey. On the way to the drills ground we spotted an enormous garden filled with half ripened mangoes. This became our best friend throughout the next 10 days. The most eye catching sight was of the 'WALL OF FAME'. It contained facts about the unforgotten soldiers and reading them filled our hearts with a colossal amount of patriotism.

Taking part in the cultural activities and winning them was something we wouldn't have ever dreamt of. We secured the first place in group singing and second in group dance by dancing to our very own folk, the valaga aat. The complete credit of group singing was to be given to our ace guitarist Dipali Belliappa without whom we wouldn't be able to win it. The one reason we are still remembered by the officials is because of the way we cheered for the boys football match, a day before our departure from the camp. We were declared "The Best Cheering Team". There was such a strong sense of unity amongst us which reflected our learning in the past 10 days. That was when we realised how we had picked up the basic and essential lessons of life in just a shot span of time.

"Who would want to leave a place once happily settled?". Neither did we. Eyes welled up with tears of joy, sorrow and gratitude, we left the place. "Never give up, never turn back, whatever it is, you are with yourself." These were the words of our commander which motivated us to keep growing by pushing away all the obstacles.

We are immensely grateful for the life lesson taught by the PA staff and the whole group of NCC which inspire us to work hard each day!

JAI HIND !



ಮಳೆ



ಪವಿತ .ಕೆ .ಸಿ
ಇಂಗ್ಲಿಷ್ ಶಿಕ್ಷಕಿ

ಇಳೆಯ ಕರೆಗೆ
ಓಗೋಡಿ
ಧಾವಿಸಿ ಬರುತಿಹುದು
ತಂಪನೆರಚಲು ಈ ಮಳೆ

ಧರೆಯ ಕಡೆಗೆ
ತಾ ಜಿಗಿದು
ಜೀವ ತುಂಬುತಿಹುದು
ಮರ-ಗಿಡಗಳಿಗೆ ಈ ಮಳೆ

ಬಿಸಿಲಿನ ಬೇಗೆಗೆ
ನೀ ನಿಲ್ಲು ಎಂದು
ಮೌನದಿ ಹೇಳುತಿಹುದು
ಕಾರ್ಮೋಡಗಳೊಂದಿಗೆ ಈ ಮಳೆ

ಕಾಲದ ನಿಯಮಕ್ಕೆ
ನಾ ಬದ್ಧ ಎಂದು
ಧರಧರನೆ ಸುರಿಯುತಿಹುದು
ತಂಗಾಳಿಯೊಂದಿಗೆ ಈ ಮಳೆ

ಅರಮಾನ

माता पिता है सबके जीवन के पहिए ,
जिनके बिना चल नहीं सकता जीवन।
जो हर पल बिना स्वार्थ, बिना शर्त करते हैं दुआ,
की उनके बच्चे कही भी रहे पर उन्नति करें सदा,
इसलिए है ये सबके आराध्या दैव ।
जिनके स्मरण मात्र से ही मिले विजय सदैव,
इनकी छाया ऐसी ही बनी रहे सदा ।
इनका साथ कभी न छूटे यही है अरमान मेरे ॥

ಪ್ರಕೃತಿಯ ಮಹತ್ವ

ಹಿತ ಅಕ್ಕಮ್ಮ
ಎಂಟನೇ ತರಗತಿ
ಬಿ ವಿಭಾಗ



ಕಿಟ್ಟೂರು ಬಹಳ ಸುಂದರವಾದ ಊರಾಗಿತ್ತು. ಎಲ್ಲಿ ನೋಡಿದರೂ ಬೆಟ್ಟ ನದಿ , ಗಿಡ , ಮರ ಹೂವು, ಹಣ್ಣು, ಪಾಣಿ -ಪಕ್ಷಿಗಳು. ಅಬ್ಬಾ! ಪ್ರಕೃತಿ ಸೌಂದರ್ಯ ಜನರನ್ನು ಕೈಬೀಸಿ ಕರೆಯುತ್ತಿತ್ತು. ಬಹಳ ಜನರು ದೂರ ದೂರದಿಂದ ಕಿಟ್ಟೂರಿನ ಪ್ರಕೃತಿ ರಮಣೀಯತೆಯನ್ನು ಸವಿಯಲು ಬರುತ್ತಿದ್ದರು. ದಿನಗಳಂತೆ ಕಿಟ್ಟೂರು ಪ್ರಸಿದ್ಧ ಪ್ರವಾಸಿ ತಾಣವಾಯಿತು. ದಿನನಿತ್ಯವೂ ಎಲ್ಲೆಡೆ ಗಿಜಿಗುಡುವ ಜನಸಂದಣಿ ಹೆಚ್ಚಾಗುತ್ತಿತ್ತು.

ಅಲ್ಲಿ ಮನು ಎಂಬ ಒಬ್ಬ ರೈತನಿದ್ದನು. ಆತ ಮೈಮುರಿದು ಕಷ್ಟಪಟ್ಟು ದುಡಿಯುವ ವ್ಯಕ್ತಿಯಾಗಿದ್ದ. ಆತನ ಹೊಲ ಅತ್ಯಧಿಕ ಇಳುವರಿ ನೀಡುವ ಬೆಳೆಗಳಿಂದ ಕೂಡಿ ಹೆಚ್ಚು ಹಸಿರಿನಿಂದ ಕಂಗೊಳಿಸುತ್ತಿತ್ತು. ಗಳಿಸಿದ ಆದಾಯದಿಂದ ಆತ ಶ್ರೀಮಂತನಾದ. ಒಂದು ದಿನ ಕಾಫಿಯ ಲೋಟವನ್ನು ಕೈಯಲ್ಲಿ ಹಿಡಿದು ಕುಳಿತಾಗ ಆತನ ಯೋಚನಾಲಹರಿ ಮಿತಿಯಿಲ್ಲದೆ ಹರಿಯತೊಡಗಿತು. ಕಾರ್ಖಾನೆಯ ಸ್ಥಾಪನೆ, ಹಣ ಸಂಪಾದನೆಯ ಕಡೆಗೆ ಗಮನ ಹರಿಸಿದ . ಶೀಘ್ರಗತಿಯಲ್ಲಿಯೇ ಕಾರ್ಖಾನೆಯ ಸ್ಥಾಪನೆಯೂ ನಡೆಯಿತು. ಅಲ್ಲಿ ಆ ಊರಿನ ಅನೇಕ ಜನರಿಗೆ ಉದ್ಯೋಗವಕಾಶವನ್ನು ನೀಡಿದನು.

ಕಾರ್ಖಾನೆಗೆ ಅಗತ್ಯ ಕಚ್ಚಾವಸ್ತುವಾದ ಮರಗಳನ್ನು ಕಡಿಯಲು ಆರಂಭಿಸಿದ. ಕೆಲಸ ಕಾರ್ಯಗಳು ದಿನದಿಂದ ದಿನಕ್ಕೆ ಅಭಿವೃದ್ಧಿಯತ್ತ ಸಾಗತೊಡಗಿತು. ಮನುವಿನ ಆರ್ಥಿಕ ಸ್ಥಿತಿಗತಿಯೂ ಉನ್ನತಿಯತ್ತ ಸಾಗಿತು. ಆತ ಶ್ರೀಮಂತರ ಸಾಲಿನಲ್ಲಿ ಒಬ್ಬನಾದ. ಆದರೆ ಕಿಟ್ಟೂರಿನ ಮರಗಳ ಸ್ಥಿತಿ ವಿನಾಶದತ್ತ ಸಾಗತೊಡಗಿತು. ಊರು ಮರುಭೂಮಿಯತ್ತ ಸಾಗುತ್ತಿತ್ತು. ನದಿ ಮಲಿನವಾಗತೊಡಗಿತು. ಪ್ರಾಣಿ - ಪಕ್ಷಿಗಳ ಸಂಖ್ಯೆ ಕ್ಷೀಣಿಸುತ್ತಿತ್ತು. ಪ್ರವಾಸಿಗರ ಸಂಖ್ಯೆಯೂ ಇಳಿಮುಖವಾಗತೊಡಗಿತು.

ಒಂದು ದಿನ ರಾತ್ರಿ ಮನುವಿಗೆ ಕನಸೊಂದು ಬಿತ್ತು. ಅದರಲ್ಲಿ ಊರು ಹೆಚ್ಚು ಹಸಿರಿನಿಂದ ತುಂಬಿ, ಹಸಿರಾದ ಹೊಲದ ನಡುವೆ ತಾನು ಸಂತೋಷದಿಂದ ಕೆಲಸ ಮಾಡುವುದನ್ನೂ, ಶುದ್ಧ ಗಾಳಿ ಸೇವಿಸುವುದನ್ನೂ, ಈಗ ಎತ್ತರವಾದ ಕಟ್ಟಡಗಳ ನಡುವೆ ಸೂಟು-ಬೂಟು ಧರಿಸಿಕೊಂಡು ಹೊಗೆ ತುಂಬಿದ ವಾತಾವರಣದಲ್ಲಿ ಒಂದು ಉಸಿರಿನ ಶುದ್ಧ ಗಾಳಿಗಾಗಿ ಪರಿತಪಿಸುವಷ್ಟರಲ್ಲಿ ನಿದ್ರೆಯಿಂದ ಎಚ್ಚರನಾದನು.

ಮರುದಿನ ಆತ ತನ್ನ ಕನಸಿನ ಬಗ್ಗೆ ವಿಮರ್ಶಿಸಿ, ತಾನು ಮಾಡಿದ ದುಷ್ಕಾರ್ಯಕ್ಕೆ ಪಶ್ಚಾತ್ತಾಪಪಟ್ಟು ಗಿಡ ನೆಡುವ ಕಾರ್ಯವನ್ನು ಕೈಗೆತ್ತಿಕೊಂಡನು. ದಿನಗೈದರಂತೆ ಗಿಡಗಳನ್ನು ನೆಟ್ಟು ನೀರು ಹನಿಸಿ ಬೆಳೆಸತೊಡಗಿದ. ಕಿಟ್ಟೂರು ಮತ್ತೆ ಸಸ್ಯ ಶಾಮಲವಾಗತೊಡಗಿತು. ಕಿಟ್ಟೂರಿನ ಪ್ರಕೃತಿ ಮತ್ತೆ ಮರು ಜೀವ ತಳೆಯಿತು. ರೈತ ಮನು ಕೂಡ ನೈಜ ಜೀವನದಲ್ಲಿ ಒಂದು ಪಾಠ ಕಲಿತನು.

“ ಕಾಡಿದ್ದರೆ ನಾಡು, ನಾಡಿದ್ದರೆ ಜನರು”.

ಕಾಡುವ ನೆನಪುಗಳು



ನಿಧಿ .ಎಸ್.ಪಿ
10ನೇ ತರಗತಿ

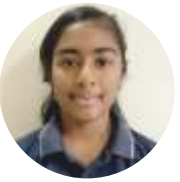
ಅಮ್ಮ ಎಂದರೆ ಅದೊಂದು ಬೇರೆ ಲೋಕವೇ ಸೃಷ್ಟಿಯಾದಂತೆ. ನನ್ನ ಅಮ್ಮ ನನ್ನ ಜೀವನದ ಬಹುಮುಖ್ಯ ವ್ಯಕ್ತಿ. ಅದೊಂದು ದಿನ ನಾನು ಶಾಲೆಯ ನಮ್ಮ ತರಗತಿಯಲ್ಲಿ ಕುಳಿತು ಕಿಟಕಿಯ ಹೊರಗೆ ನೋಡಿದಾಗ ಒಬ್ಬರು ತಾಯಿ ತನ್ನ ಮಗಳೊಡನೆ ಮಾತನಾಡುತ್ತಿರುವುದು ಕಾಣಿಸಿತು. ಆ ದೃಶ್ಯ ನೋಡಿದ ನನಗೆ ಹಲವು ಮಧುರ ನೆನಪುಗಳು ಮರುಕಳಿಸಿತು.

ನಾನು ಸೈಕಲ್ ಹೊಡೆಯಲು ಪ್ರಾರಂಭಿಸಿದ್ದೆ. ಆಗ 5-6 ವರ್ಷದ ಬಾಲಕಿ. ಸೈಕಲ್‌ನಲ್ಲಿ ಹಿಂದಿನ ಚಕ್ರಕ್ಕೆ ಇನ್ನೂ ಎರಡು ಚಕ್ರಗಳಿದ್ದವು. ಆದರೆ ನಮ್ಮಮ್ಮ ಒಂದು ವಾರದ ನಂತರ ಅದನ್ನು ತೆಗೆದು ಬಿಟ್ಟಿದ್ದಳು. ನಾನು ಕೇಳಿದಾಗ ಅವಳು, “ಇಲ್ಲ ನಿನಗೆ ಸೈಕಲ್ ತುಳಿಯಲು ಸರಿಯಾಗಿ ಬರುತ್ತದೆ ಎಂದು ತಿಳಿದು ಚಕ್ರ ಮಾಯವಾಗಿದೆ. ಇನ್ನು ನೀನು ಬೀಳುವುದಿಲ್ಲ” ಎಂದು ಹೇಳಿದಳು. ಆ ಧೈರ್ಯ ಈ ದಿನಕ್ಕೂ ನಡೆದುಕೊಂಡು ಬಂದಿದೆ. ನಾನು ದೊಡ್ಡವಳಾಗುತ್ತಾ ಮನೆಯಲ್ಲಿ ಏಟು ತಿನ್ನುವುದು ಕಡಿಮೆಯಾಗುತ್ತಾ ಬಂದಿತ್ತು. ಮೊದಲನೇ ಬಾರಿ ಹೊಡೆಸಿಕೊಂಡದ್ದು ನೆನಪಿಲ್ಲ. ಆದರೆ ಕೊನೆಯದ್ದು ನೆನಪಿದೆ. ನಾನು ಮಾಡಿದ ಕೆಲಸಕ್ಕಿಂತ ನನ್ನ ತಮ್ಮ ಮಾಡಿದ ಕೆಲಸಕ್ಕೆ ಹೊಡೆಸಿಕೊಂಡಿದ್ದೇ ಜಾಸ್ತಿ.

ಬಾಲ್ಯದಲ್ಲಿ ನನಗೆ ಬೇಕಾದ ವಸ್ತು ಏನು ಯಾವುದು ಎಂಬುದು ನನಗಿಂತಲೂ ನನ್ನ ಅಮ್ಮನಿಗೆ ತಿಳಿದಿತ್ತು. ಆದರೆ ನಾನು ಕಂಡದ್ದೆ ಚೆಂದ, ಅದು ಬೇಕು ಎಂದು ಅಳುತ್ತಿದ್ದೆ. ಈಗಲೂ ಕೆಲವೊಮ್ಮೆ ನನಗೆ ಬೇಕಾಗುವ ವಸ್ತು ನನಗಿಂತ ಅವಳಿಗೆ ಹೆಚ್ಚು ಗೊತ್ತು. ನನಗೆ ಬೇಕಾದ ಅಡುಗೆ ಮಾಡುತ್ತಾಳೆ. ಈಗ ಹಾಸ್ಟೆಲ್‌ನಲ್ಲಿ ಆ ದಿನಗಳನ್ನು ನೆನೆದರೆ ಈಗಲೂ ಅಂದು ಬೇಡ ಎಂದು ಬಿಟ್ಟು ಮೀನು ಇಂದು ಸಿಕ್ಕಿದರೆ ಎಷ್ಟು ಚೆನ್ನಾಗಿರುತ್ತಿತ್ತು ಎಂದುಕೊಳ್ಳುತ್ತೇನೆ. ನನ್ನನ್ನು ಪ್ರತೀ ದಿನ ಶಾಲೆಯ ವಾಹನದವರೆಗೆ ಬಿಟ್ಟು ಮತ್ತು ಕೊಡುತ್ತಿದ್ದಳು. ಒಂದನೇ ಕ್ಲಾಸಿನಲ್ಲಿದ್ದಾಗ ಒಮ್ಮೆ ನನಗೆ ಹುಷಾರಿಲ್ಲದ ಕಾರಣ ಶಾಲೆಗೆ ರಜೆ ಹಾಕಿದ್ದೆ. ಆ ಆನಂದವೋ ಎಲ್ಲದಕ್ಕಿಂತ ದೊಡ್ಡದು. ಆಗ ಒಂದು ಇಡೀ ದಿನ ನನ್ನ ಅಮ್ಮನೊಡನೆ ಮಾತನಾಡಿಕೊಂಡು ಮನೆಯಲ್ಲಿದ್ದೆ ತುಂಬಾ ನೆನಪಾಗುತ್ತದೆ. ತಂದೆ-ತಾಯಿಯ ಮದುವೆ ಚಿತ್ರಗಳನ್ನು ನೋಡಿ ನಾನು ಇಲ್ಲ ಎಂದು ಅಳುತ್ತಾ ಜಗಳ ಮಾಡಿದ ದೃಶ್ಯಗಳನ್ನು ನೆನೆದರೆ ಇಂದಿಗೂ ನಗು ಬರುತ್ತದೆ.

ದೊಡ್ಡವಳಾಗುತ್ತಾ ನನ್ನನ್ನು ನೋಡಿ ಜನರು ಅಮ್ಮನ ತರನೇ ಕಾಣುತ್ತೀಯೆ ಎಂದಾಗ ನನಗೆ ಒಂದು ಚೂರು ಇಷ್ಟವಾಗುತ್ತಿರಲಿಲ್ಲ. ಆದರೆ ಬೆಳೆಯುತ್ತಾ ಈಗ ಯಾರಾದರೂ ನನಗೆ ಹಾಗೆ ಹೇಳಿದರೆ ತುಂಬಾ ಖುಷಿ ಹಾಗೂ ಹೆಮ್ಮೆ ಎನಿಸುತ್ತದೆ. ನಾನು ಹಾಗೂ ಅಮ್ಮ ಕೆಲವೊಮ್ಮೆ ಒಂದೇ ತರಹದ ಬಟ್ಟೆಗಳನ್ನು ಹಾಕುತ್ತೇವೆ. ಅವರಿಗಿಂತ ನಾನೇ ಚೆನ್ನಾಗಿ ಕಾಣುತ್ತಿದ್ದೇನೆ ಎಂದು ಹೇಳಿದರೂ ಕೊನೆಗೆ ಅವರೇ ಸುಂದರ ಎಂದು ನನಗೆ ತಿಳಿದಿತ್ತು. ತಪ್ಪು ಮಾಡಿದಾಗ ಬಾಚಣಿಗೆಯಲ್ಲಿ ಹೊಡೆದ ದಿನಗಳಿಂದ ಈಗ ಬೇರೆಯವರು ತಪ್ಪು ಮಾಡಿದರೆ ಏನು ಮಾಡಬೇಕೆಂದು ಹೇಳಿಕೊಡುವ ದಿನಗಳವರೆಗೆ ನಮ್ಮ ಭಾಂದವ್ಯ ಬೆಳೆದಿದೆ. ತಂದೆಯೊಡನೆ ಈ ನಡುವೆ ಅಷ್ಟು ಸಮಯ ಕಾಲ ಕಳೆಯಲು ಆಗದಿದ್ದರೂ ಅವರನ್ನು ಒಂದು ಕೈ ಹೆಚ್ಚು ಪ್ರೀತಿಸುತ್ತೇನೆ ಎನ್ನುವುದು ಅಮ್ಮನಿಗೆ ತಿಳಿಯದ್ದೇನಲ್ಲ. ಈಗ ಶಾಲೆಯಲ್ಲಿ ಯಾರಾದರೂ ಅವರ ಅಮ್ಮನ ಜೊತೆ ನಿಂತು ಮಾತನಾಡುತ್ತಿದ್ದರೆ ಅದನ್ನು ನೋಡಿ ಒಂದು ಕಡೆ ಆನಂದ ಇನ್ನೊಂದು ಕಡೆ ದುಃಖ. ಈ ತರಹದ ದೃಶ್ಯಗಳನ್ನು ಕಂಡಾಗ ಹಳೆಯ ನೆನಪುಗಳೆಲ್ಲ ಮರುಕಳಿಸಿ, “ಅಮ್ಮ ನೀನಿರುವ ಈ ಪ್ರಪಂಚ ಅದೆಷ್ಟು ಸುಂದರ” ಎನಿಸುತ್ತದೆ.

मेरा भारत



Meesha
Grade - 9

इस देश से हम लेते हैं
पर कुछ नहीं है देते,
इस देश में हम लेते है जन्म
और यहीं पर लेते हैं आखिरी सांस,
इस मुल्क के मालिक हम नहीं
केवल है दासी और दास।

इस देश से हम लेते हैं
पर कुछ नहीं है देते,
इस देश में है पर्वत और वन
जिनका सर्जन ना कर पाए धन
जो खेल चेस आप खेलते हैं
वह आता है भारत से

जो आयुर्वेद है एक अनमोल भेंट
उसका आरंभ हुआ है यही पर
इस देश से हम लेते हैं
पर कुछ नहीं है देते ।

रोशनी की गति खोजा था भारत ने
ऐसा ही शून्य का भी
भारत ने ही दिया दुनिया को दशम को भी।
फिर भी पूछते है दुर्जन
क्या किया है देश ने तुम्हे।
इस देश से हम लेते हैं
पर कुछ नहीं है देते ॥





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